

Continuing Education Credits

CEUs available for Assisted Living Administrators and Recreation Therapists. CEUs are pending for Park and Recreation Professionals and Social Workers. Call Julie Wexler at (631) 585-2020 for more information about these and other professional CEUs.

Program Sponsor



Day Haven Adult Day Services, with centers in Port Jefferson and Ronkonkoma, provides day-time care, therapeutic recreation and supervision for frail older adults and individuals with Alzheimer's or a related dementia. Day Haven's caregiver support services and educational opportunities are funded in part by an Alzheimer's Community Service Program grant from the NYS Department of Health.

www.dayhaven.org

For more information about the Validation Method developed by Naomi Feil visit www.vfvalidation.org

Workshop Agenda

8:30 – 9:00 Registration

9:00 – 10:30

- Role Play: The Four Stages in the Resolution vs. Vegetation Stage of Life
- Characteristics of Phase 1 Malorientation
- Video: *Age Specific Behavior Principles of Validation*
- Exercise: Validation Techniques
- Video: *Looking for Yesterday*

10:30 – 10:45 Break

10:45 – 12:30

- Characteristics of Phase 2 Time Confusion
- Why You Don't Lie: Validation Principle

12:30 – 1:30 Lunch

1:30 – 3:30

- Video: *Communicating with Alzheimer's-type Populations*
- Verbal Validation Techniques: Role Play
- "Preferred Sense" and "Polarity"
- Erikson's Life Stage Theory

3:30 – 3:45 Break

3:45 – 4:30

- Non-Verbal Validation Techniques for Phase 2 Time Confusion, Phase 3 Repetitive Motion, and Phase 4 Vegetation
- Touch

4:30 – 5:00 Evaluation



invites you to

Validation The Feil Method: Breaking Through the Barrier of Dementia

A one-day workshop for professionals and family members caring for persons with dementia

Led by
Naomi Feil
Internationally Acclaimed
Speaker

Friday, December 4, 2009
8:30 a.m. – 5:00 p.m.

St. Elizabeth Ann Seton Parish
800 Portion Road
Lake Ronkonkoma, NY

About the Presenter



Naomi Feil, M.S., A.C.S.W. is the developer of The Validation Method. After graduating with a Master's Degree in social work from Columbia University, she began working with the elderly. Between 1963 and 1980, Naomi developed validation as a response to her dissatisfaction with traditional methods of working with severely disoriented elderly people. Today there are training centers for Validation in Austria, Belgium, France, Germany, Japan, Switzerland, Sweden and the United States.

Who is this workshop for?

This workshop is intended for physicians, nursing home and assisted living administrators and staff, nurses, nursing assistants, home health aides, social workers, recreation professionals, program assistants, therapists, clergy and family members who want to learn how to communicate with disoriented elderly people using proven methods.

What is Validation?

Validation is a tested model of practice for both professionals and family caregivers who work with confused older adults. The Validation caregiver tunes into the person's inner world by helping him or her restore the past by reliving good times and resolving past conflicts. Validation helps disoriented people reduce stress, enhance dignity, and increase happiness.

Attending the workshop will prepare you to:

- Be a truly empathetic listener for the elderly and anyone in your life
- Be non-judgmental in order to build a trusting relationship with a disoriented elderly person, bringing them peace, connectedness, and an improved quality of life
- Identify the four phases of disorientation and the basic human need experienced by the elderly
- Use the Validation Techniques at a basic level and as created for each phase of disorientation
- Support others in their learning and use of Validation

Purpose:

This workshop is designed to teach health and human service workers, families and volunteers how to communicate with disoriented older adults.

Objectives:

1. List the physical, social and psychological characteristics that lead to changes in the very old
2. Experience awareness of yourself and others
3. Differentiate the phases of disorientation in older people
4. Identify specific Validation techniques
5. Formulate ways of preventing burnout and ways of reaching a wise old age

SPACE IS LIMITED. PLEASE REGISTER BY NOVEMBER 20th.

Validation Seminar Registration
December 4, 2009

Name	
Profession	
Organization	
Address	
City	State
Zip	
Phone	
Fax	
E-Mail	

Please cut and include this registration form and a check payable to Day Haven Adult Day Services in the following amount:

___\$60 for Professionals
___\$30 for Family Caregivers
(I am a caregiver for my _____)
___\$15 for Students
(Please include a copy of your valid Student I.D.)

Mail to:
Julie Wexler
Day Haven Adult Day Services
2210 Smithtown Avenue
Ronkonkoma, NY 11779

For LIRR travel related questions, credit card payment, information or questions, contact Julie Wexler at (631) 585-2020, ext. 260, or dayhavenlongisland@yahoo.com