

*Network of Women with Disabilities*  
*A project of the*  
*Suffolk Community Council*

**Cognitive/Learning Disability/Psychiatric Disability Questions to Ask Before Making a Medical Appointment:**

**Suggestions:** Keep and bring a copy of your health history including surgery and procedure dates, current doctors, and medications and any supplements. Make sure to take down the name of the person you spoke to and the date. I have a \_\_\_\_\_ disability; before I make an appointment I would like to ask the following questions:

I have \_\_\_\_\_ health insurance. Does the doctor accept it?

- I depend on SCAT for medical transportation and need to schedule a pick up time; do you know how long I will be in the doctor's office?
- Is someone available to assist with filling out forms in a confidential manner?
- Will you provide verbal information and instructions in plain language and in writing?
- Will you provide a summary of the information, diagnosis, recommendations and instructions in writing?
- Will you provide prescription drug information in writing?

*Suffolk Community Council's Network of Women with Disabilities*  
*(631) 434-9277*

*\*Available in alternative formats \**